

SEPTEMBER | 2019

IOSCO COUNTY COMMISSION ON AGING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 LABOR DAY
CLOSED



3 Baked Ham
Sweet Potatoes
Normandy Blend
Vegetables
Strawberries

4 Baked Ziti
Tossed Salad
Cauliflower
Peaches

5 Beef Taco Salad
Mexican Corn
Tossed Salad
Apricots

6 Chicken Noodle
Casserole
Green Beans
Apricots

9 Pizza
Tossed Salad
Italian Green Beans
Fruit Parfait

10 Smothered Chicken
Baked Potato
Carrots
Peaches

11 Beef Chop Suey
Brown Rice
Midori Blend
Vegetables
Pineapple

12 Steak Sandwich
Sweet Potato Fries
Wax Beans
Red Grapes

13 Roast Beef
Mashed Potatoes
Green Beans
Orange

16 Hamburger
Homemade Fries
Wax Beans
Tropical Fruit Salad

17 Roasted Turkey
Bread Stuffing
Broccoli
Beets
Fruit Parfait

18 Meatloaf
Red Bliss Potatoes
Broccoli
Applesauce

19 Chicken Parmesan
Spaghetti Noodles
Tossed Salad
Apple

20 Chicken Sandwich
Baked Potato
Tossed Salad
Pears

23 Creole Pork Roast
Brown Rice
Cauliflower
Peach Fluff

24 Tuna Noodles
Casserole
Winter Blend
Vegetables
Peas & Carrots
Grapes

25 Baked Ziti
Tossed Salad
Cauliflower
Mixed Fruit

26 Vegetable Beef Soup
Half Roast Beef
Sandwich
Tossed Salad
Hot Peaches Delight

27 Baked Chicken Breast
Sweet Potatoes
Broccoli
Apricots

30 Hot Dog with Coney
Sauce
Oven Fried Potatoes
Coleslaw
Cantaloupe

1

2

3

4

News

Please call your preferred center to make reservations one day in advance. Suggested donation: 60+ is \$3.00. Participants under 60 must pay the Center Host \$6.00.



Important Numbers

Hale Center – 728-4251
Oscoda/AuSable Center – 739-3668
Sand Lake Center – 469-9361
Tawas Center – 362-6892
Janice – 739-3781
Jeneane – 728-2206