



# JANUARY | 2019

## IOSCO COUNTY COMMISSION ON AGING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31 NEW YEARS EVE  CLOSED</p>	<p>1 HAPPY NEW YEAR 2019  CLOSED</p>	<p>2 Hot Dog Coney Sauce Oven Fried Potatoes Cole Slaw Cantaloupe</p>	<p>3 Beef Taco Tortilla Chips Southwest Slaw Pineapple</p>	<p>4 Grilled Chicken Sandwich Homemade Fries Broccoli Tomato &amp; Lettuce Watermelon</p>
<p>7 Baked Spaghetti Italian Green Beans Garlic Toast Orange</p>	<p>8 Beef Chop Suey Brown Rice Midori Blend Tropical Fruit Cup</p>	<p>9 Pork Chop Sweet Potatoes Beets Sliced Peaches</p>	<p>10 Chicken Noodle Casserole Green Beans Banana Cream Cup</p>	<p>11 Baked Fish Macaroni &amp; Cheese Mixed Vegetables Fruit Parfait</p>
<p>14 Liver &amp; Onions Mashed Potatoes Normandy Vegetable Blend Cantaloupe &amp; Honeydew</p>	<p>15 Baked Chicken Breast Stuffing Green Beans Orange</p>	<p>16 Meatloaf Mashed Potatoes Carrots Red Grapes</p>	<p>17 Sloppy Joe Baked Potato Cauliflower Apricots</p>	<p>18 Pizza Tossed Salad Prince Charles Blend Cantaloupe</p>
<p>21 Chili with Beans Cornbread Carrots Tossed Salad Cantaloupe</p>	<p>22 Roast Beef Sandwich Mashed Potatoes Winter Blend Vegetable Apple</p>	<p>23 Baked Ziti Capri Vegetable Blend Peach Fluff</p>	<p>24 Shepherd's Pie Beets Mixed Fruit</p>	<p>25 Roast Turkey Bread Stuffing Broccoli Beets Ambrosia Salad</p>
<p>28 Split Pea Soup Tossed Salad Dinner Role Diced Pears</p>	<p>29 Baked Fish Carrots Peas Spiced Pears</p>	<p>30 Hamburger Homemade Fries Cole Slaw Tropical Fruit Cup</p>	<p>31 Meatloaf Mashed Potatoes Prince Charles Blend Strawberries</p>	<p>1 Baked Ham Baked Sweet Potato Normandy Vegetable Blend Apricots</p>

### News

Please call your preferred center to make reservations one day in advance. Suggested donation: 60+ is \$3.00 Participants under 60 must pay Center Host \$6.00



### IMPORTANT PHONE NUMBERS

Hale – 728-4251  
Oscoda/AuSable – 739-3668  
Sand Lake – 469-9361  
Tawas – 362-6892  
Janice – 739-3781  
Jeneane – 728-2206