

MAY | 2019



IOSCO COUNTY COMMISSION ON AGING ~ Hale, Oscoda, Sand Lake

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Parmesan Crusted Pork Chop Red Bliss Potato Tossed Salad Peach Fluff	2 Veal Parmesan Tossed Salad Broccoli Cantaloupe & Honeydew	3 Cheese Ravioli w/Sauce California Veg. Blend Tossed Salad Watermelon
6 Beef Burrito Refried Beans Orange	7 Roast Pork Mashed Potatoes Broccoli Mixed Fruit with Jello	8 Meatloaf Mashed Potatoes Cole Slaw Diced Pears	9 Liver & Onions Mashed Potatoes Cauliflower Peaches	10 Lemon Pepper Fish Macaroni & Cheese Broccoli Apple
13 Bean with Ham Soup Tossed Salad Breadstick Tropical Fruit Cup	14 BBQ Chicken Breast Italian Blend Vegetable with Pasta Prince Charles Blend Veg Pineapple	15 Stuffed Green Pepper Capri Vegetable Blend Apricots	16 Hot Dog w/ Coney Sauce Potato Wedges Cole Slaw Cantaloupe	17 Swiss Steak Mashed Potatoes Carrots Ambrosia Salad
20 Smothered Chicken Rice Pilaf Broccoli & Cauliflower Banana Cream Cup	21 Sloppy Joe Potato Wedges Cole Slaw Watermelon	22 Roast Beef Mashed Potatoes Broccoli Orange	23 Lasagna Tossed Salad Prince Charles Blend Vegetables Garlic Toast Apple	24 Creole Pork Roast Mashed Potatoes Normandy Vegetable Blend Fruit Parfait
27 Memorial Day No Meals 	28 Meatloaf Mashed Potatoes Winter Blend Vegetables Dice Pears	29 Swedish Meatballs Brown Rice Normandy Vegetable Blend Orange	30 Roast Pork Mashed Potatoes Carrots Tropical Fruit Cup	31 Baked Swai Macaroni & Cheese Cauliflower Tropical Fruit Cup

News

Please call your preferred center to make reservations one day in advance. Suggested Donation: 60+ is \$3.00. Participants under 60 must pay the Center Host \$6.00.



Important Numbers

Hale – 728-4251
Oscoda/AuSable –
739-3668
Sand Lake –
469-9361
Tawas – 362-6892

Janice – 739-3781
Jeneane – 728-2206