



MAY | 2017

Iosco County Commission on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Baked Chicken Roasted Potatoes Broccoli Apricots	2 BBQ Meatballs Mashed Potatoes Wax Beans Fruit Parfait	3 Chicken Pot Pie Beets Mixed Fruit/Jello	4 Roast Beef Mashed Potatoes Carrots Orange	5 Soft Tacos Refried Beans Spanish Rice Fruit Slushie
8 Baked Ham Squash Tossed Salad Applecrisp	9 Creole Pork Roast Mashed Potatoes Spinach Peach Fluff	10 Meatloaf Red Bliss Potatoes Green Beans Peaches	11 Braised Beef & Noodles Corn Cauliflower Apple/Cake	12 Baked Fish Rice Pilaf Coleslaw Spiced Pears
15 Swiss Steak Mashed Potatoes Mixed Vegetables Fruit Parfait	16 Chicken Wrap Onions & Peppers Tossed Salad Fresh Carrots Pear	17 Roast Turkey Stuffing Wax Beans Banana Pudding Cup	18 Pizza Tossed Salad Italian Green Bean Fruit Slushie	19 Boiled Ham Dinner Potatoes Carrots Cabbage Fruit/Jello
22 BBQ Chicken Scalloped Potato Beets Orange	23 Spaghetti Breadstick Tossed Salad Banana	24 Beef Stroganoff Noodles Green Beans Strawberries/Short cake	25 Roast Pork Mashed Potatoes Carrots Applesauce	26 Liver & Onions Mashed Potatoes Corn Apricots
29 Closed Memorial Day	30 Sloppy Joe Potato Wedges Coleslaw Cantaloupe	31 Roast Chicken Rice Pilaf Peas Apple		

News

**This meal program
Is offered by the
ICCOA**

**Suggested
Donation 60+
\$3.00
Under 60 must
Pay the Center
Host \$6.00**

**Please call the
Center one day
In advance to
Make your
Reservation**

**Hale- 728-4251
Oscoda- 739-3668
Sand Lake- 469-9361
Tawas- 362-6892**