



MARCH | 2018

Oscoda And Tawas Senior Centers

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Hot Turkey Sandwich Mashed Potatoes Carrots Mixed Fruit	2 Beef Goulash Mixed Vegetables Tossed Salad Fruit Slushie
5 Baked Chicken Roasted Potatoes Broccoli Apricots	6 Creole Pork Roast Mashed Potatoes Spinach Peach Fluff	7 Meatloaf Red Bliss Potatoes Green Beans Peaches	8 Roast Beef Mashed Potatoes Carrots Orange	9 Soft Tacos Refried Beans Spanish Rice Fruit Slushie
12 Baked Ham Squash Tossed Salad Apple crisp	13 BBQ Meatballs Mashed Potatoes Wax Beans Fruit Parfait	14 Chicken Pot Pie Beets Mixed Fruit/Jello	15 Braised Beef/Noodles Corn Cauliflower Apple/Cake	16 Baked Fish Rice Pilaf Coleslaw Spiced Pears
19 Swiss Steak Mashed Potatoes Mixed Vegetables Fruit Parfait	20 Meatloaf Mashed Potatoes Broccoli Pear	21 Roast Turkey Stuffing Wax Beans Banana Pudding Cup	22 Pizza Tossed Salad Italian Green Beans Fruit Slushie	23 Boiled Ham Dinner Potatoes Carrots Cabbage Fruit/Jello
26 BBQ Chicken Scalloped Potatoes Beets Orange	27 Spaghetti Breadstick Tossed Salad Banana	28 Beef Stroganoff Noodles Green Beans Strawberries	29 Liver & Onions Mashed Potatoes Carrots Applesauce	30 Roast Pork Mashed Potatoes Corn Apricots

News

**This meal program
Is offered by the
ICCOA**

**Suggested
Donation 60+
\$3.00
Under 60 must
Pay the Center
Host \$6.00**

**Please call the
Center one day
In advance to
Make your
Reservation**

**Oscoda/AuSable-
739-3668
Tawas- 362-6892
Janice- 739-3781**