

JULY 2016

Iosco County Commission on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Teriyaki Snow Peas Rice Oriental Blend Pineapple
4 Closed Independence Day	5 Hamburger Baked Beans Coleslaw Watermelon	6 Scalloped Potato & Ham Corn Apple	7 Pot Roast Roasted Potato Carrots Tropical Fruit	8 Breakfast Casserol Hashbrown Banana Orange Juice
11 Chicken Rice Soup Tossed Salad Biscuit Applecrisp	12 Hot Turkey Sandwi Mashed Potatoes Carrots Mixed Fruit	13 Lasagna Tossed Salad Italian Green Bean Orange	14 Smothered Chicken Garlic Mash Potato Mixed Vegetables Fruit Parfait	15 Oven Baked Fish Coleslaw Roasted Potatoes Pineapple
18 Meatloaf Red Bliss Potatoes Mixed Vegetables Chilled Peaches	19 Roast Chicken Sweet Potatoes Tossed Salad Grapes	20 BBQ Pork Sand Spudster Potato Coleslaw Cherry Crisp	21 Beef & Bean Chili Baked Potato Broccoli Peaches	22 Pizza Tossed Salad Italian Green Bean Apple
25 Liver & Onions Mashed Potatoes Corn Apricots	26 Sloppy Joe Potato Wedges Pickled Beets Banana Sugar Cookie	27 Boiled Ham Dinner Cabbage Potatoes Carrots Ambrosia Salad	28 Steak Sandwich Spudster Potatoes Coleslaw Orange	29 Pork Roast Mashed Potatoes Green Beans Applesauce

News

**This meal program
Is offered by the
ICCOA**

**Suggested
Donation 60+
\$3.00
Under 60 must
Pay the Center
Host \$5.00**

**Please call
The Center at
One day in
advance
To make your
Reservation**