

# JULY | 2021



## IOSCO COUNTY COMMISSION ON AGING

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28	29	30	1 Coney Dog Oven Fried Potatoes Cole Slaw Cantaloupe	2 Beef Taco Salad Tortilla Chips Mexican Corn Pineapple
5 Closed for July 4th 	6 Baked Spaghetti Italian Green Beans Cauliflower Plums	7 Beef Chop Suey Brown Rice Midori Blend Tropical Fruit Cup	8 Chicken Noodle Casserole Green Beans Banana Cream Cup	9 Meatloaf Mashed Potatoes Carrots Red Grapes Sugar Cookie Nat'l Sugar Cookie Day
12 Baked Chicken Breast Stuffing Green Beans Cantaloupe & Honeydew	13 Sloppy Joe 3 Bean Salad Cauliflower Plums	14 Liver & Onions Red Skin Mashed Potatoes Normandy Veg. Blend Cantaloupe & Honeydew	15 Pizza Tossed Salad Prince Charles Blend Vegetables Watermelon	16 Bake Swai Macaroni & Cheese Mixed Vegetables Fruit Parfait
19 Roast Beef Sandwich Mashed Potatoes Carrots Apple	20 Baked Ziti Capri Vegetable Blend Peach Fluff	21 Sheppard's Pie Beets Mixed Fruit	22 Breakfast Casserole Cottage Cheese Tossed Salad Pears	23 Roasted Turkey Bread Stuffing Broccoli Beets Ambrosia Salad
26 Hamburger Homemade Fries Cole Slaw Yogurt with Blueberries	27 Cook's Choice Day  Come and have a surprise meal with us!	28 Baked Ham Baked Sweet Potatoes Normandy Vegetable Blend Sliced Peaches	29 Smothered Chicken Rice Pilaf Broccoli & Cauliflower Diced Pears	30 Lemon Pepper Fish Macaroni & Cheese Broccoli Strawberries

### News

Please call your preferred center to make reservations one day in advance. Suggested Donation: 60+ is \$3.00. Participants under 60 must pay the Center Host \$7.50.



### IMPORTANT NUMBERS

Hale Center – 728-4251  
 Oscoda/AuSable Center 739-3668  
 Sand Lake Center – 469-9361  
 Tawas Center – 362-6892  
 Janice - 739-3781  
 Jeneane - 728-2206