

MAY | 2019



IOSCO COUNTY COMMISSION ON AGING - TAWAS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1 Pork Chop Squash Green Beans Banana	2 Hot Dog Baked Bens Macaroni Salad Banana	3 Burrito Casserole Refried Beans Orange
6 Sweet & Sour Chicken Italian Blend Vegetables Pear	7 Fish Sandwich Tator Tots Coleslaw Apple	8 Stuffed Pepper Casserole Beets Apple	9 Pork Roast Mashed Potatoes Asparagus Orange	10 Chicken Cheesy Potatoes Asparagus Apple
13 Swedish Meatballs Noodles Green Beans Tossed Salad Apple	14 Roast Beef Mashed Potatoes Asparagus Banana	15 Pepper Steak & Rice Corn Wax Beans Orange	16 Ham Sweet Potatoes Green Beans Pear	17 Fish Hash Brown Potatoes Coleslaw Pear
20 Sloppy Joe Baked Beans Macaroni Salad Orange	21 Tuna Salad Sandwich Potato Salad Carrots/Ranch Dressing Banana	22 Chicken Strips Roasted Potatoes Creamed Corn Pear	23 Shepard's Pie Carrots Tossed Salad Apple	24 Roast Pork Mashed Potatoes Green Beans Banana
27 Memorial Day No Meals 	28 Hot Turkey Sandwich Mashed Potatoes Broccoli Orange	29 Goulash Corn Three Bean Salad Pear	30 Polish Sausage Cheese Potatoes Sauerkraut Apple	31 BBQ Meatballs Mashed Potatoes Peas Banana

News

Please call your preferred center to make reservations one day in advance. Suggested Donation: 60+ is \$3.00. Participants under 60 must pay the Center Host \$6.00.



Important Numbers

Hale – 728-4251
 Oscoda/AuSable – 739-3668
 Sand Lake – 469-9361
 Tawas – 362-6892
 Janice – 739-3781
 Jeneane – 728-2206