



FEBRUARY | 2018

Iosco County Commission on Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Meatloaf Mashed Potatoes Carrots Banana Pudding Cup	2 Chicken Teriyaki Snow Peas Rice Oriental Blend Pineapple
5 Hamburger Spudster Potatoes Coleslaw Cantaloupe	6 Chicken Fricassee Rice Carrots Corn Applecrisp	7 Lasagna Tossed Salad Corn Bake Orange	8 Bean Soup Breadstick Tossed Salad Applecrisp	9 Roast Turkey Mashed Potatoes Carrots Banana Pudding Cup
12 Steak Sandwich Spudster Potatoes Coleslaw Orange	13 Meatloaf Red Bliss Potatoes Green Beans Peaches	14 Baked Fish Mac & Cheese Coleslaw Ambrosia Salad	15 Roast Chicken Squash Wax Beans Grapes	16 Roast Beef Mashed Potatoes Beets Cherry Crisp
18 Closed- Presidents Day Holiday	20 Sloppy Joe Potatoes Obrien Pickled Beets Tropical Fruit Cup Cookie	21 Smothered Chicken Rice Pilaf Mixed Vegetables Fruit Parfait	22 Liver & Onions Mashed Potatoes Broccoli Apple	23 Baked Fish Scalloped Potatoes Peas Orange
26 Beef Stew Biscuit Coleslaw Pears	27 Roast Pork Mashed Potatoes Green Beans Peach Fluff	28 BBQ Chicken Cheesy Potatoes Wax Beans Peaches		

News

**This meal program
Is offered by the
ICCOA**

**Suggested
Donation 60+
\$3.00
Under 60 must
Pay the Center
Host \$6.00**

**Please call
The Center one
Day in advance
To make your
Reservation**

**Hale- 728-4251
Oscoda/AuSable
739-3668**

Sand Lake- 469-9361

Tawas- 362-6892

Janice- 739-3781

Jeneane- 728-2206